



Grove Park
Healthcare Group



Health & Wellness

MENTAL HEALTH SERVICES AND NURSING HOME



Welcome to Grove Park

Grove Park Healthcare provides facilities and services for mental health treatment and nursing care based in Hollingdean, close to the centre of Brighton and with excellent transport links to London and the south of England.

We provide a high standard of care, lead by our experienced clinical care team in our newly purpose-built, 3-storey building. We accept both NHS-referred and private, self-referred clientele and are able to provide an inpatient acute mental health service. The hospital has office space, meeting rooms, secure grounds and a large car park.

Mental Health

Grove Park mental health facility has been designed specifically to provide an environment of outstanding mental health service across a range of treatments for addictions and general mental health conditions.

Our Ground floor provides assessment and treatment rooms, with 18 en-suite, anti-ligature bedrooms for male and female patients with acute mental health needs.

Both operational and clinical teams come with a wealth of experience spanning independent mental health care, NHS services, regulatory bodies and commissioning. Our pathways are designed so that services cater for inpatient and outpatient care. Our person-centred treatment pathway will ensure a holistic approach, where cultural, social, religious and emotional needs are met.



The First Floor is a 27-bedroomed (all en-suite) mental health facility and rehabilitation unit for private patients. The spaces lend themselves to patients' rehabilitation which are individually tailored to their identified areas of need. Therapy space, de-escalation room and patient lounge supports patients who are progressing well through their recovery journey, affording them increased independence. The nature of the environment also lends itself to being able to support patients with behaviours that challenge from time to time.



Nursing Home

Grove Park Nursing Home is a brand new, luxuriously-appointed and homely environment, accommodating 31 premium rooms on the 2nd floor, each individually decorated to very high standard. We value every individual who comes to live here, be it short or long-term and ensure that our residents will be treated with respect and dignity according to individual needs and wishes.

We provide for elderly male and female residents including residents living with dementia. Residents may be detained under the MCA or may be voluntary residents.

There are three wings on the 2nd floor and there is a lounge/activity room, a dining area and quiet lounge, there are long corridors for residents to walk with purpose should they choose to, and daily activities are provided for the residents by staff.

Safety & Care

Our primary goal is to promote the independence and freedom of residents to live the life each individual wants, and emphasise the importance of holistic care in all we do.

Our approach is MDT-driven (Multi-Disciplinary Team), lead by the Hospital Director, Patrick Okoli, and a team of experienced Consultant Psychiatrists, Unit and Ward Managers, and includes skilled registered nurses, carers and mental health nurses. Our facilities help emphasise tailored interventions and therapeutic activities for all our patients.

Outside of the building there is a landscaped area for patients who are risk-assessed as 'safe-to-use.'

For those that are not well enough to access the landscaped area, there is also an enclosed garden allowing time to access fresh air throughout the day. There is an allotment in which patients and residents can grow fruit and vegetables, under supervision from our Occupational Therapy staff.

An external multi-purpose pavilion "The Wellness Hub" allows risk-assessed ('safe-to-use') patients and residents to access the wellness hub and meet their relatives in this area, engage in supervised activities, and enjoy the coffee shop, large-screen TV and gardens.



A centre for exceptional mental health and nursing care.



Trusted clinical mental healthcare is the *heart* of what we do


We accept both NHS-referred and private clientele.




We are registered and approved by the Care Quality Commission. Grove Park Healthcare Group will ensure that all quality standards required by the regulator (CQC) and the Mental Health Act Commission, are met.



Personalised
care, dignity and support

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